

PITTSBURGH  
PSYCHOANALYTIC  
CENTER



TRAINING  
PROGRAM IN  
PSYCHOANALYSIS  
BULLETIN

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# ON PRACTICING PSYCHOANALYSIS

## Being Someone's Psychoanalyst...

doesn't require much tangible equipment - a couch, a clock, perhaps a note pad... and the power of an idea - the insight that emotional thoughts of which we are unaware can shape the way we encounter and handle life. Our work, our loves, family relationships, self-esteem, creativity, physical well-being - can be determined by conceptions of our own that are beyond our awareness.

That one can believe something without knowing it and therefore mold one's existence around it can seem unbelievable. Yet those who discover this for themselves - who through this discovery gain relief of discomfort and increased clarity of purpose, who then can view their fellow humans more profoundly may use this deeper understanding to help others. Psychoanalysts are such people.

## Starting to Wonder About Things Psychoanalysts Wonder About...

can begin at various points. It can emerge from the puzzle of one's own adolescence or from grappling with emotional problems in clinical practice. One may observe the demonstration of conflict in a skilled practitioner's interview, or may have grown up with it in the all too evident troubles of a family member.

## It is Less Important...

how one comes by this interest than what becomes of it. To the successful analyst a curiosity about the mind's operation is more than a transient absorption. It is the fascination of a lifetime.

## When We Practice Psychoanalysis...

we study the daily reported thoughts of another person and how they are affected by unconscious feelings toward us and by their unconscious avoidance of such feelings. As our understanding of our patients grows, we say things to facilitate their further understanding of themselves. But our patients cannot comprehend their innermost depths without a struggle. Their inability to grasp the full import of our words is what accounts for the skill and patience required by the analytic process.

## To Think Like a Psychoanalyst...

involves the trained use of concepts of in-depth psychology such as unconscious fantasies, multi-determined patterns of behavior, transference, and countertransference - terms that are meaningful abstractions about the phenomena of mention. These have the same type of existence for the psychoanalyst as meaningful abstractions about the physical world - concepts such as light rays and planetary orbits - have for the physicist. The psychoanalyst must not only know the meaning, origin and history of such concepts - as can be gathered from reading and seminar discussion - but must have successfully used these concepts to heal another mind, the mind of a patient to whom has been made one of the most extensive and profound commitments that can be made between two people.

This practical analytic ability must be demonstrated through case presentations, oral examinations, and written case studies.

Reprinted from "Studies in Psychoanalysis,"  
Houston Galveston  
Psychoanalytic Institute

"In today's social and intellectual climate, those who do devote themselves to the study and practice of analysis, and accept the sacrifices that the effort entails, do so out of an inner conviction that is what they must do, that they would be uninspired or even bored with any discipline that delved less deeply into the human psyche. I am optimistic enough, romantic if you wish, to suppose that this ensures the future development of our field..."

Martin Stein

# BACKGROUND, HISTORY & MISSION OF PPC

The mission of Pittsburgh Psychoanalytic Center (PPC) is to provide comprehensive training in the theory and practice of psychoanalysis. PPC promotes education and research in accordance with standards of the American Psychoanalytic Association and is an advocate for psychoanalytic thought and discipline throughout the Western Pennsylvania area. Our vision is to strive for excellence as an educational and training institution, and as a valuable resource to the community.

Today's PPC is the result of a merger from several psychoanalytic organizations that have existed over the past 50 years in the Pittsburgh community. The Pittsburgh Psychoanalytic Society was first organized in 1959, and the following year it was accepted as an Affiliate Society by the American Psychoanalytic Association, a national organization devoted to psychoanalytic practices and education. The Society became a 501(c)(3) non-profit organization in 1961.

The Pittsburgh Psychoanalytic Institute was formed in 1964 by a group of psychiatrist-psychoanalysts, primarily from the Department of Psychiatry, University of Pittsburgh, and the Institute operated under the umbrella of the University. In 1974, the Institute became an organization independent from the University of Pittsburgh and in 1975 became a 501(c)(3) non-profit.

In early 2001, The Pittsburgh Psychoanalytic Society was merged into the Pittsburgh Psychoanalytic Institute, and the resulting corporation was re-named the Pittsburgh Psychoanalytic Society and Institute (PPSI).

At that point, PPSI became affiliated with the Pittsburgh Coalition for Dynamic Psychotherapy (PCDP), which provides low-cost psychoanalytic psychotherapy services to the community at large, and the Pittsburgh Psychoanalytic Foundation (PPF), an organization that provides funding support to both PPSI and PCDP, and offers outreach programs to the community at large.

A merger between PPSI and PPF occurred in September, 2007, and the resulting organization was named the Pittsburgh Psychoanalytic Center (PPC). The merger was intended as a way to become more efficient, decrease operating costs, and provide a stronger and clearer message to the public at large about our mission in the community.

PPC remains closely affiliated with PCDP, also called the Pittsburgh Clinic without Walls, to provide outreach services to underserved members of our community. In addition, since part of PPC's mission is to provide psychoanalytically-informed education to the community, PPC conducts four to six continuing education programs each year. These programs are offered to those within the PPC community, to

mental health professionals throughout the region, and to all others interested in psychoanalytic and mental health issues. Programs range from two to three hour workshops to weekend conferences featuring a wide variety of topics.

Recent programs include:

**“Therapeutic Action in the Psychotherapy of Personality Disorders: Two Lectures and a Case Presentation”** presented by Glen O. Gabbard, M.D.

**“Psychotherapy and the Hollywood Cinema”**  
featuring Glen O. Gabbard, M.D.

**“Mothers and Daughters”**  
a program presented by Ruth Fischer, M.D.

**“From the Playground to the Boardroom: Scapegoats, Bullies and Martyrs”**  
discussion about the opera, Billy Budd, a collaborative project with the Pittsburgh Opera

**“Vulnerability and Violence: Understanding and Helping At-Risk Youth”**  
a three-day symposium featuring experts in the field of education, psychoanalysis, and forensics

**“Tosca: Crimes of Passion”**  
a program on the theme of crimes and violence against women, another collaborative project with the Pittsburgh Opera

**“WR: Mysteries of the Organism”**  
a film program examining the life and work of noted psychoanalyst and Freud contemporary, Wilhelm Reich.

These continuing education programs are accredited by the American Psychoanalytic Association, the American Psychological Association, and the School of Social Work at the University of Pittsburgh; these programs are frequently co-sponsored with other organizations. Previous co-sponsors include Western Psychiatric Institute and Clinic (WPIC), the Pittsburgh Pastoral Institute, the Pittsburgh Opera, the National Center for Juvenile Justice, and The Society for Contemporary Craft.

The Pittsburgh Psychoanalytic Center admits students of any age, gender, race, national origin, ethnicity, religion, and sexual orientation to all the rights, privileges, programs, and activities generally accorded or made available to students at the Center. PPC does not discriminate on the basis of age, gender, race, national origin, ethnicity, religion, and sexual orientation in administration of its educational policies, admission policies, scholarship and loan programs, or any other PPC-administered programs, including its continuing education programs.

# ELIGIBILITY FOR PSYCHOANALYTIC TRAINING

The Pittsburgh Psychoanalytic Center and the American Psychoanalytic Association recognize four types of applicants with professional credentials required for admission to training:

## 1. Medical or clinical doctorate applicants

Individuals are eligible to apply for training if they:

1. have graduated from an accredited U.S. or foreign medical school or from an equivalent in a foreign country
2. are licensed to practice medicine in Pennsylvania
3. and are licensed and have completed at least two years of a psychiatric residency at an accredited program.

Individuals are also eligible for training if they hold a Doctoral degree in Psychology, Social Work, Nursing or Education and are licensed as independent mental health clinicians in the State of Pennsylvania.

## 2. Non-medical clinical applicants without doctorate degrees and those with other clinical doctorate degrees

Individuals with Master level training in Social Work or Counseling Psychology are eligible to apply for training if they are recognized as experienced clinicians in the community and are licensed as independent mental health clinicians in the state of Pennsylvania.

## 3. Research or academic applicants

The Center will accept applicants for whom psychoanalysis is a discipline relevant to their primary field. These applicants shall meet the requirements of personal suitability expected of all candidates and shall be accomplished in their primary field. The admission of Academic Program applicants will be contingent upon the expectation of the Admissions Committee that they will contribute through their participation to the overall psychoanalytic education of the candidates for full clinical training. Academic candidates ordinarily will not participate in the clinical portions of the training program without permission

from the Education Committee. The requirements for graduation from the program shall include the submission of a graduation paper on a psychoanalytic topic which shall be suitable for publication in a refereed journal.

Research or academic applicants can also apply for clinical psychoanalytic training. If so, and if the Admissions and Education Committees find that an applicant has the necessary aptitudes and qualifications, a waiver will be requested from the Committee on Research and Special Training (CORST) of the American Psychoanalytic Association. Such a request for a waiver will be submitted after a Candidate has demonstrated proficiency in the programs of the Center and aptitude for clinical work. However, in order to practice clinically there would be a need for license to practice and for study in a field that would be applicable to mental health.

## 4. Transfer applicants

Candidates in good standing in any training facility recognized by the American or International Psychoanalytic Associations may apply for transfer to the PPC. Transfer PPC Candidates follow the same procedures as other applicants, and in addition, arrange to have their credentials forwarded to the PPC. A summary of educational and training experience should be included.

## Personal Qualifications

Applicants may be of any age, gender, race, national origin, ethnicity, religion, and sexual orientation. The practice of psychoanalysis requires integrity of character, maturity, and an aptitude for psychological work. Individuals will need to demonstrate a professional identity as an empathetic caretaker and possess sufficient clinical aptitude for in-depth psychological work.



# ADMISSIONS PROCEDURES

## Application

Once applications are received, the Administration will contact the applicant to go through the application process. No interviews are scheduled until the application is complete in its entirety.

## Interviews

The admission process includes interviews by at least two members of the Faculty or the Admissions Committee. Each interviewer submits a written report, which is then discussed by all members of the Admissions Committee. For clinical candidates, there is at least one clinical presentation by the clinical applicant of his/her recent clinical work. This presentation includes a two page summary of a case, and process material from a session.

## Admissions Decisions

The Admissions Committee meets periodically during the year to recommend application decisions to the Education Committee. Applicants are immediately informed of the Education Committee's decision by the Chair of the Education Committee. If an application is not accepted, the Chair of the Education Committee and the corresponding Admissions Advisor explain the basis of the decision. An applicant can reapply in the following year if admission is denied.

## Candidate Acceptances

While admission implies an initial judgment by the Faculty that newly-enrolled Candidates will ultimately have a successful career as a psychoanalyst, acceptance is not a guarantee that all Candidates will graduate. During training, Candidates may not represent themselves as psychoanalysts without the authorization of the Education Committee.

## Fees

Please refer to the back of this bulletin for a complete summary of current fees and charges.

# ENROLLMENT

## The Candidate Organization

All Candidates are welcome and encouraged to participate in the Pittsburgh Psychoanalytic Center Candidates' Organization, a group that functions autonomously and has several purposes. The organization provides a forum for Candidates to discuss common concerns related to the demands of training, and presents an opportunity for Candidates to participate on PPC committees. The Candidate Organization also provides a channel to the Center's administration to offer feedback about the program and ideas for its improvement.

The Candidates' Organization elects a delegate and an alternate to the Affiliate Council of the American Psychoanalytic Association. These individuals, in turn, keep the members informed on matters affecting Candidates nationally. Finally, the Organization sponsors social gatherings and other activities supportive of Candidates during the training process.

## Psychoanalytic Association Memberships

Candidates who are participating in coursework may become Affiliate Members of the American Psychoanalytic Association.

## Pep Web

Candidates will automatically be included in a subscriber list for PEP web an online resource for access to psychoanalytic journals and some books as well as the complete works of Freud. The fee of \$35 for candidates will be billed as part of tuition.

## The Bertram D. Lewin Library

The Bertram D. Lewin Library is housed and maintained by the Pittsburgh Psychoanalytic Center. While the Library contains the primary books and periodicals relevant to Center coursework, various university and medical libraries are located nearby for additional materials. Papers relevant to coursework or material that are difficult to obtain are often available in PPC's Library.

# EDUCATION AND TRAINING PROGRAM

The education and training program consists of three parts:

- the training analysis (required for clinical candidates/suggested for academics)
- courses of instruction in the psychoanalysis of adults
- and supervised clinical work (for clinical candidates)

Once accepted into the program, Candidates are asked to contact an assigned advisor to discuss the personal analysis, individual courses of study, and the enrollment process.

Candidates may be asked to supplement clinical experience before beginning coursework.

In each phase of the program, coursework is evaluated by the Education Committee as often as may be useful. In addition, every Candidate has a faculty advisor, who serves as an important resource to discuss academic experiences, general performance and possible impediments to progress. Also, Candidates are encouraged to informally select a mentor, an advanced Candidate or Faculty Member, to support and advise his/her analytic training.

## The Training Psychoanalysis

The personal analysis is a therapeutic procedure that enables Candidates to overcome intrapsychic obstacles that might interfere with the development of analytic competence. The training analysis is an opportunity to experience firsthand the workings of unconscious forces. Undergoing analysis will also help the candidate to develop the capacity for continued self-analysis during coursework, while conducting supervised analyses, and beyond graduation when working independently as a psychoanalyst.

For a significant part of the Candidate's supervised clinical work, Candidates must be in their training analysis. This analysis is conducted by a Training Analyst of the Pittsburgh Psychoanalytic Center, and personally selected by the Candidate. The training analysis is confidential, and the Training Analyst **does not report on the progress of the analysis to the Education Committee or any other committee of the PPC.** However, Candidates provide the name of their Training Analyst to the Chair of the Education Committee. The Candidate also informs the Administration of the number of hours of analysis each year and the eventual termination date.

## Theoretical Courses and Seminars

The first three years of coursework consists of required classes focused on the theory and technique of psychoanalysis. After the fourth year, the curriculum is divided between required and elective segments. Beyond the fifth year of study and until graduation, Candidates continue participation in the Continuous Case Seminar and take electives of their choosing. The Education Committee may recommend particular coursework for Candidates.

The curriculum is designed to allow each Candidate room to discover individual talents and interests and expand on them. Most classes are held on weekday evenings or Saturdays, or at other times at the discretion of instructor and class members. Tutorials can be scheduled for classes with only one or two students.

In addition to classes, all Candidates are required to participate in Visiting Analyst seminars, when notable analysts have been invited to conduct weekend workshops and consultations. Also, all Candidates are required to participate in the Site Visit by the American Psychoanalytic Association which occurs every seven years for the accreditation of the Training Program in Psychoanalysis.

## Supervised Clinical Work

Supervised case work usually begins during the second half of the first year, contingent on approval of the Education Committee, or a waiver from the American Psychoanalytic Association. To graduate, Candidates need to analyze a minimum of three patients (analysands). One of the analysands must be in the termination phase before consideration for graduation. Candidates are also required to take one reduced fee case. Candidates and their supervisors work together to set patient fees.

Each case must have a different Supervising Analyst, who cannot be the Candidate's Training Analyst. Fifty or more hours of supervision are generally expected for each case, with one case to be supervised into the termination phase. Although many supervisory hours are entailed, the main considerations are the quality, depth, and breadth of analytic experience the candidate gains with various kinds of patients. A minimum of 200 hours of accredited supervision is required, although more is strongly recommended.

Patients are seen four or five times each week, with supervision usually at a frequency of one hour per week at first. Since analyzing two or more patients at the same time aids learning, a second supervised case should be started as soon as an analytic process has been established in the first case. To add a second case, Candidates must receive the support of the first supervisor and the approval of the Education Committee.

## Evaluation of Progression to Graduation

A Candidate's clinical progress is reviewed every year by his or her supervisor(s) and Faculty Advisor and Progression Subcommittee. Every six months, supervisors and Candidates collaborate on written reports, which are shared with Faculty Advisors and members of the Education Committee and Progression Subcommittee.

## Requirements for Graduation

Upon the recommendation of the supervisor of the Candidate's second supervised case, and prior to the onset of the third supervised analysis, the Faculty Advisory will arrange for a Third Case Review. During this review, the Candidate will present a case and the Candidate's two supervisors and the Faculty Advisor meet to discuss the Candidate's clinical work to date. The purpose of this review is to review and discuss the findings of the supervisors with that of the Advisor, in order that the Advisor can then provide to the Candidate a summary of the feedback about the clinical work to date and any recommendations for future successful analytic work.

To graduate, Clinical Candidates must satisfactorily fulfill course requirements, participate in a clinical presentation to a visiting analyst and supervised clinical work, and demonstrate competence to conduct an analysis without required supervision. Also required for graduation is a case report on an analysis that meets the standards for certification by the American Psychoanalytic Association, or an essay on a psychoanalytic topic that demonstrates the ability to think psychoanalytically. Academic Candidates only need write a paper to graduate.

# PART-TIME CANDIDATE PROGRAM

The Center recognizes that some qualified individuals may be very interested in psychoanalytic training, but are unable initially to make a commitment to full-time training. This may be due to financial considerations or other commitments. In the interest of recruiting and retaining such applicants, the Center offers the option of beginning analytic training on a part-time basis. Such applicants are required to comply with the usual admission procedures for full-time candidates. Once accepted, part-time candidates will enroll in a reduced load of courses from the curriculum, or their equivalent, and will be encouraged to begin their own psychodynamic psychotherapy on a once or twice weekly basis. In addition, they will obtain weekly supervision on at least one psychodynamic psychotherapy case from their own practice. It is the intent of the program to provide these candidates with a first-hand experience of the rich and extensive contribution of psychoanalytic thinking to their clinical work in the hope that they will eventually become full-time candidates and complete training in the usual manner.

# COURSE REQUIREMENTS

The following is an overview of required courses and sessions per year, and each session is usually 1 ½ hours long.

## FIRST YEAR

### 110

Psychoanalytic Theory: Freud/Core Concepts

Required Sessions: 20

### 120

Theory of Techniques: Psychoanalysis and Analyzability

Required Sessions: 17

### 130

Psychoanalytic Theory of Human Development

Required Sessions: 10

### 141

Continuous Case (With permission from the Education Committee) Required Sessions: 15

### 150

Writing Course

Required Sessions: 8

## SECOND YEAR

### 210

Psychoanalytic Theory:

Mechanisms of Defense and Problems of Adaptation

Required Sessions: 15

### 220

Technique of Psychoanalysis

Required Sessions: 15

### 230

Human Development

II Required Sessions:

16

### 241

Continuous Case

Required Sessions: 15

### 250

Writing Course

Required Sessions: 8

## THIRD YEAR

### 310

Psychoanalytic Theory  
Required Sessions: 15

### 330

Human Development: Adolescent Psychology  
Required Sessions: 15

### 341

Continuous Case  
Required Sessions: 15

### 350

Writing Course  
Required Sessions: 8

## FOURTH YEAR

### Electives

Required Sessions: 10

### 410

Theory of Psychoanalysis  
Required Sessions: 15

### 420

Techniques of Psychoanalysis  
Required Sessions: 15

### 441

Continuous Case  
Required Sessions: 15

### 450

Writing Course  
Required Sessions: 8

## FIFTH YEAR & Beyond

Would consist of electives and continuous case.



# EDUCATION AND TRAINING FOR ACADEMIC CANDIDATES

The Center will accept applicants for whom psychoanalysis is a discipline relevant to their primary field. These applicants shall meet the requirements of personal suitability expected of all candidates and shall be accomplished in their primary field. The admission of Academic Program applicants will be contingent upon the expectation of the Admissions Committee that they will contribute through their participation to the overall psychoanalytic education of the candidates for full clinical training. Academic candidates are expected to take the same core curriculum as clinical candidates but ordinarily will not participate in the clinical portions of the training program unless they have permission from the Education Committee. Every seven years, academic candidates will be required to participate in the site visit by the American Psychoanalytic Association. Academic candidates will be encouraged to be in psychoanalysis with a center faculty member, but it will not be required. If the academic candidate plans to apply for a CORST waiver, he/she is encouraged to be in analysis with a Training analyst of the Center. The requirements for graduation from the program shall include the submission of a graduation paper on a psychoanalytic topic which could be suitable for publication in a refereed journal.

## TRAINING PROGRAM FOR ACADEMIC CANDIDATES

1. **Personal analysis with an analyst of his/her choice (not required)**

2. **Psychoanalytic Curriculum**

Requirements:

### First Year

- Course 110 – Psychoanalytic Theory: Core Concepts
- Course 120 – Psychoanalytic Technique:  
Psychoanalysis and Analyzability
- Course 130 – Psychoanalytic Theory of Human Development
- Attendance at visiting analyst weekend (required) and PPC sponsored educational programs

### Second Year

- Course 210 – Psychoanalytic Theory:  
Mechanisms of Defense and  
Problems of Adaptation
- Course 220 – Technique of Psychoanalysis

- Course 230 – Human Development II
- Course 250 – Psychoanalytic Writing Course  
(with permission of instructor and Education Committee)
- Electives  
(if desired, and with permission of Education Committee)
- Attendance at visiting analyst weekend (required) and PPC sponsored educational programs

### Third Year

- Course 310 – Psychoanalytic Theory
- Course 320 – Clinical Conference
- Course 322 – Theory and Technique: Dream Interpretation  
(may be offered as an elective)
- Course 330 – Human Development: Adolescent Psychology
- Course 350 – Psychoanalytic Writing Course  
(with permission of instructor and Education Committee)
- Attendance at visiting analyst programs and PPC sponsored educational programs

### Fourth Year

- Course 410 – Theory of Psychoanalysis
- Course 420 – Techniques of Psychoanalysis
- Psychoanalytic Writing Course  
(with permission of instructor and Education Committee)
- Attendance at visiting analyst weekends and PPC sponsored educational programs

### 3. Graduation paper

At the end of the fourth year, if the candidate has completed the required course work and made satisfactory progress in the program, and with the recommendation of the advisor and the Education Committee, he/she is eligible to graduate. A graduation paper on a psychoanalytically-oriented topic of the candidate's choice is required for graduation.

Depending on the academic candidate's interest and background, electives and other courses may be taken after the second year. Academic candidates may also get credit for attending workshops at the APsaA national meetings, provided that he/she submits a brief write-up of the session.

# COURSE DESCRIPTIONS

## FIRST YEAR COURSES

### 110 Basic Freud and the History of Psychoanalysis

Required readings include an intensive study of Peter Gay's Freud, A Life for Our Time and a survey of approximately 40% of The Standard Edition of the Complete Works of Sigmund Freud. The Project for a Scientific Psychology, Studies on Hysteria, The Interpretation of Dreams, and Three Essays on the Theory of Sexuality, the technique papers, the five case studies, The Ego and the Id, Beyond the Pleasure Principle, and An Outline of Psychoanalysis (just to name a few) will be examined through the lenses of the dynamic, topographical, economic, genetic, historical/developmental, and structural metapsychological points of view.

### 120 Theory of Technique: Psychoanalysis and Analyzability

This course is an introduction to the literature of technique and the concept of analyzability. Readings range from Freud's papers on technique to current writers. Techniques of consultation, diagnostic evaluation, and choice of therapeutic recommendations are included, so that analyzability can be appraised and, if necessary, other forms of therapy conducted with possible conversion to psychoanalysis. Clinical material is presented by both Instructor and Candidates.

### 130 Psychoanalytic Theory of Human Development/ & Child PDPT

This course is organized to help Candidates acquire a working knowledge of normal child and adult development in terms of psychosexual stages, the development of object relations, and the development of psychic structure. Emphasis is on appreciation and resolutions of childhood events, trauma and relationships.

## 141 Continuous Case Seminar (Clinical Candidates Only)

Material from the opening phase of an analytic case is presented by a Candidate, using process notes. Presenters may choose to use material no longer current, thus avoiding possible conflicts with active supervision, but still benefiting from the review and input of peers and Instructors. Group discussions include the dynamic transference and other technical issues. Papers on the theory of psychoanalytic technique are referred to or assigned as appropriate. (With permission of the Education Committee)

## 150 Writing Course

Throughout the program, candidates will be required to enroll in the Writing Course: the goal of which is to assist the candidate with the writing requirements which pertain to their current program, be they case write-ups required every six months on supervised analyses, or clinical or theoretical papers required for graduation.

# SECOND YEAR COURSES

## 210 Psychoanalytic Theory: Mechanisms of Defense and Problems of Adaptation

The development of structural theory and ego psychology will be examined, as well as the elements of conflict, defense and adaptation. In an attempt to understand how psychopathology develops, we will study the interaction between constitutional givens, the forces of maturation and environmental influences. The choice of symptom formation, defense mechanisms, and the role of trauma and anxiety will be studied and illustrated clinically.

## 220 Technique of Psychoanalysis

A study of the psychoanalytic situation and process, including the nature of psychoanalytic change. This course examines psychic conflict, resistance and defense, transference neurosis and acting out. Special attention is paid to the analyst's tasks, including silence and reconstruction, the use of dreams and the analysis of slips and behavior particularly in the early stages of analysis.

## 230 Human Development II

The core of basic normal development is now related to the development of psychopathology, symptomatology, the neuroses, psychosis, and character disorders as seen in adult patients.

## 241 Continuous Case Seminar

Material from the opening phase of an analytic case is presented by a Candidate, using process notes. Presenters may choose to use material no longer current, thus avoiding possible conflicts with active supervision, but still benefiting from the review and input of peers and Instructors. Group discussions include the dynamic transference and other technical issues. Papers on the theory of psychoanalytic technique are referred to or assigned as appropriate.

## 250 Writing Course

## THIRD YEAR COURSES

### 310 Psychoanalytic Theory: Melanie Klein, Object Relations Theory and Self Psychology

The origins and development of object relations theory will be explored beginning with the work of Melanie Klein. The subsequent development of object relations theory by the British Independent School will be examined. Finally, the movement of Kohut away from Classical Theory and the development of Self Psychology will be explored. The elaboration of the concepts of internalization, self, object, the representational world, narcissism, psychic structure development, and the interplay of intrapsychic, interpersonal and inter-subjective aspects will be explored. The expanded and multifaceted depiction of both Oedipal and pre-Oedipal development provided by these theorists will be discussed.

### 320 Clinical Conference/Advanced PDPT Provides Credit for this Course

The focus of this course is to compare individual psychoanalytic psychotherapy with psychoanalysis. The evaluation of patients in the beginning, middle, termination and post-termination phases is considered. Dealing with acting out, the analysis of transference and the role of countertransference is discussed. Both Candidates and Faculty present clinical vignettes.

### 322 Theory and Technique: Dream Interpretation

The theory and technique of dream interpretation in the context of psychoanalysis is studied. Recent contributions to dream theory are discussed, with emphasis on the relationship of theory to technique, the role of the dream as a form of communication in code and its relationship to other forms of psychic communications. Clinical examples are provided by Candidates.

### 330 Adolescent Psychology

This is a combined theoretical and clinical course preparing the adult analyst to understand typical developmental issues and conflicts, as well as phase specific problems, ego ideal formation, identifications and defense organization. The structural change of early, middle and late adolescence in reaction to both developmental tasks and the process of analyses are considered. The technical treatment problems of this age group are illustrated with clinical examples.

### 341 Continuous Case Seminar

### 350 Writing Course

## FOURTH YEAR COURSES

### 410 Advanced Psychoanalytic Theory

Initially, a review of some areas of Classical Theory not covered in previous courses will be undertaken through a consideration of Fenichel's systemizing formulations. The contribution of Hartmann will then be considered and a contemporary application of Ego Psychology to the theory of technique (Gray) will be considered. Then, some contemporary appropriations of Kleinian, Object Relations and Self Psychology theories will be considered. Finally, some contemporary theorists who have suggested fundamental revisions of theory will be considered, including Relational Psychoanalysis, Jean Laplanche and Lacan.

## 420 Theory of Technique: A Systematic Approach

The study of technique requires “absolute honesty,” as Freud said, in how the analyst perceives, imagines, conceptualizes and emotionally reacts to the analysand. While not cast in stone, the process of examining all facets of the analytic hour is necessary for the analyst in order to consider, debate, and conceptually refine his/her technique. In past years, candidates in this course have studied contemporary views of Freud’s technique papers, examined papers representing various schools of thought (e.g., contemporary American Ego Psychology, British Object Relations, Self Psychology, relational schools, etc.), focused on core concepts in psychoanalysis (e.g., listening, the unconscious, resistance, transference, countertransference) and studied analytic technique as revealed in the process material. The objective of the course is to help the candidate to continue to refine his/her skill, knowledge and sensitivity in ongoing work as an analyst.

## 441 Continuous Case Seminar

This seminar parallels 241 and 341, but includes all advanced Candidates. An effort is made to present material from the termination phase of an analysis.

## 450 Writing Course



# ELECTIVES

All Candidates may take electives after completing three years of satisfactory coursework. Electives may fulfill part of the session requirements for fourth and fifth year Candidates, as well as graduation requirements for advanced Candidates. These courses vary from year to year according to the interests and needs of Candidates and Faculty.

## Examples of Electives Taught in Prior Years

### Analytic Approaches to the Dream

David Orbison, Ph.D., Stanley Perelman, Ph.D., and Judy Rubin, Ph.D.

Required Sessions: 5

### Human Sexuality and the Perversions

Mario Fischetti, Ph.D.

Required Sessions: 5

### The Subject of Addiction: Psychoanalysis and Administration of Learning

Mario Fischetti, Ph.D.

Required Sessions: 5

### Psychoanalysis and Culture

Ralph Gardener, M.D.

Required Sessions: 5

### Ethics

Ralph Gardener, M.D. and David V. Orbison, Ph.D.

Required Sessions: 6

### Male Sexuality

Joseph Hinchliffe, M.D.

Required Sessions: 6

### Technology and Psychoanalysis

Stuart Hirsch, M.D.

Required Sessions: 3

# PITTSBURGH PSYCHOANALYTIC CENTER FACULTY & MEMBERS

## FACULTY EXECUTIVE OFFICERS

### President

Tom Janoski, Ph.D.

### President Elect

Paula Moreci, LCSW

### Chairman of Education Committee

Tom Janoski, Ph.D.

## FACULTY

Salman Akhtar, MD (GSA)

Chester Berschling, MD  
(AA, GCA)

Paul Blastos, M.D.

Gerrian Miller Bobrowsky, Ph.D.

Lester Belanovich, MD  
(AA, E)

Alice Buchdahl, M.D.

Cleon Cornes, MD

Chodorow, Nancy (GSA)

Newell Fischer, MD (GSA)

Ruth Fischer, MD (GSA, CCA)

Mario Fischetti, Ph.D.

Howard Foster, MD (AA, TA)

Ralph Gardner, MD

Joseph Hinchiffe, MD

Stuart Hirsch, MD (AA, TA)

Eleanor Irwin, Ph.D.  
(CCA/ AA)

Thomas Janoski, Ph.D. Daniel Kietz, MD

Lawrence T. Lobl, MD

Janet Mooney, LCSW (GCA)

Paula Moreci, LCSW

David Orbison, Ph.D.

Fr. Richard Raptosh

Judith Rubin, Ph.D. (GCA/E)

Lore Reich Rubin, MD (AA/E)

Gloria Shoemaker, Ph.D.

Evelyne Schwaber, MD (GSA)

Mervin S. Stewart MD  
(AA/E/TA)

Herbert E. Thomas MD (E/AA)

Stacey Wettstein, Ph.D.

Miriam Winikoff, M.Ed.

Lucy Zabenenko, Ph.D.

## ASSOCIATE MEMBERS

Daniel Shrager, M.D.

Melvin Melnick, M.D.

## AFFILIATE MEMBERS

Bruce Fink, Ph.D.

Ronald Jalbert, Ph.D.

Eric Rankin, Ph.D.

Stanley Perelman, Ph.D.

Audrey Schoenwald, M.S.W.

Derek Hook, Ph.D.

TA

Training and Supervising Analyst, General Program

SC

Supervisor in Child and Adolescent Program

FI

Faculty-by-Invitation

CCA

Certified in Child Analysis

AA

Certified in Adult Analysis

GSA Geographic

Supervising Analyst

E

Emeritus

GCA

Graduate in Child Analysis

CM

Contributing Member

# PITTSBURGH PSYCHOANALYTIC CENTER FEES & CHARGES

## Fees

Application fee for all applicants	\$300.00 (not applied to tuition)
Late Registration	300.00
Graduation	300.00
Leave of Absence	50% of tuition for given year
Hardship*	25% of tuition for given year

## Tuition

### Full-time Program:

Years 1-4	\$2,830.00 (Pep included)
Years 5+	\$1,830.00 (Pep included) reduced rate

### Part-time:

Years 1 & 2	\$2,030.00
Years 3-5	\$2,830.00
Year 6+	\$1,830.00 reduced rate

## PDPT

Year 1	\$1,800.00
Advanced	\$900.00
Child	\$900.00

Fees for personal training analysis and for supervision of clinical work are arranged individually with training analysts and paid directly to them. Enrollment fee not applied toward tuition.

\* Subject to Change

Both Leave of Absence and Hardship are based on Education Committee approval.

# APPLICATION FORM

## Training Program in Psychoanalysis

Name \_\_\_\_\_

DOB \_\_\_\_\_

Home Address

\_\_\_\_\_

\_\_\_\_\_

Home Telephone

\_\_\_\_\_

Office Address

\_\_\_\_\_

\_\_\_\_\_

Office Telephone

\_\_\_\_\_

Email Address

\_\_\_\_\_

Please place a check mark (✓) next to the address and phone number that you would like us to use to contact you.

Indicate to which program you intend to apply:

academic  clinical  part-time  full-time

In addition to this application, please submit the following:

1. **Curriculum Vitae**
2. **Autobiographical Sketch (limited to three pages)**

Name \_\_\_\_\_

1. Do you have a current license by state or national authority practice your profession?  yes  no  
If so, please enclose a copy.

2. Has your license to practice as designated above ever been revoked, suspended, or limited?  yes  no  
If yes, please give details.

\_\_\_\_\_  
\_\_\_\_\_

3. Have you ever been a defendant in any professional liability actions?  
 yes  no  
If yes, please give details.

\_\_\_\_\_  
\_\_\_\_\_

4. Current certification

a. **Physicians:** Are you Board certified in psychiatry?  
 yes  no  
If so, please enclose a copy.

b. **Psychologists:** Are you currently certified in clinical psychology by ABPP?  yes  no  
If so, please enclose a copy.

c. **Social Workers:** Do you hold a current certificate of licensed independent clinical social worker issued by the Board of Social Workers?  yes  no  
If so, please enclose a copy.

Name \_\_\_\_\_

**References:**

(at least two should be persons familiar with your clinical work –  
for clinical candidates only)

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

The applicant will contact these references for letters.  
I do \_\_\_ do not \_\_\_ waive the right to examine same.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Please read and sign:


**I HEREBY GIVE CONSENT TO THE PITTSBURGH PSYCHOANALYTIC CENTER TO MAKE INQUIRIES, WITH RESPECT TO MY APPLICATION, OF THE PERSONS LISTED AS REFERENCES. I WILL AUTHORIZE THESE PERSONS TO RESPOND TO SUCH INQUIRIES. AS WELL, I GIVE CONSENT THAT THE PITTSBURGH PSYCHOANALYTIC CENTER CAN RELEASE ALL OF THE INFORMATION THAT IS NECESSARY TO THE APPROPRIATE COMMITTEE OF THE AMERICAN PSYCHOANALYTIC ASSOCIATION.**

Print \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Please enclose the \$300.00 application fee and return to:

Pittsburgh Psychoanalytic Center  
401 Shady Avenue, Suite B-101  
Pittsburgh, PA 15206



P|ITTSBURGH  
P|syoanalytic  
C|ENTER

401 Shady Ave., Suite B-101,  
Pittsburgh, PA 15206

412.661.4224

[administration@pghpsa.org](mailto:administration@pghpsa.org)

[www.pghpsa.org](http://www.pghpsa.org)

